

Castleton

A V E R M O N T S T A T E C O L L E G E

Study Abroad Program — India: Ladakh – Little Tibet

Course Title: India – Art & Ritual in the Himalayas	Semester: Summer Sessions
Course Title: Sacred Visions – The Art of Tibet	Student Contact Hours: 90
Site: India: New Delhi, Agra, Ladakh	Instructor: Jim Hagan
Credits: 6	Contact us for exact dates and costs

Course Description

Our Ladakh program is offered during the summer sessions and is based in New Delhi, Agra, and Ladakh. During this intensive study abroad program students will study Sikhism, Islam and Tibetan Buddhism. The program begins in New Delhi where the focal point of study will be the Sikh religion offering students the opportunity to explore Sikh temples and religion with lectures from local scholars. Students will observe temple worship and festivals. In Agra, students will be introduced to the world of Islam and will study the magnificent masterpiece of Moghul architecture of the Taj Mahal. The focal point of the Ladakh segment of the program will be Tibetan Buddhism. Each day a different Buddhist monastery will be the classroom where Tibetan Buddhist philosophy and meditation will be taught and practiced in one of the most remote and fascinating regions in the world – the Western Himalayas.

Course Objectives

- To learn the religious traditions of Sikhism, Islam, and Tibetan Buddhism.
- To observe religious festivals, temple worship and religious rituals.
- To study Buddhist philosophy and practice Buddhist meditation.
- To learn the timeless traditions of creating Buddhist sacred art and to learn its symbolic meaning.
- To experience directly the monumentality and symbolism of Buddhist architecture.

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