

# Castleton

A V E R M O N T S T A T E C O L L E G E

## Study Abroad Program — Nepal

Course Title: Nepal: Land of the Gods	Semester: Winter Sessions
Course Title: Sacred Visions – The Art of Tibet	Student Contact Hours: 90
Site: Nepal	Instructors: Jim Hagan & Shelley Warren
Credits: 6	Contact us for exact dates and costs

### Course Description

Our program to Nepal is offered during the winter session where students will conduct research in a wide range of cross-cultural studies – philosophy, religion, history, art, and anthropology. Students will study Hinduism and Buddhism during this intensive study abroad program. Fieldwork is conducted with visits to major Hindu temples and Buddhist monasteries. Students are directly submerged into Nepal’s indigenous cultures by living and studying in a Tibetan Buddhist monastery where Buddhist philosophy and meditation will be taught and practiced each day. Students will experience the urban cities of Kathmandu, Patan, and Bhaktipur as well as the rural villages of Nepal. Students will learn the timeless traditions of creating sacred art by studying with renowned Nepali painters and sculptors. During this program students will learn how Hindu and Buddhist civilizations have lived in harmony over the centuries as a continual living tradition in this tiny Himalayan kingdom.

### Course Objectives

- To learn the religious traditions of Hinduism and Buddhism.
- To observe religious festivals, temple worship and religious rituals.
- To study Buddhist philosophy and practice Buddhist meditation.
- To learn the centuries old traditions of creating Buddhist sacred art and to learn its symbolic meaning.
- To experience directly the monumentality and symbolism of Buddhist architecture.
- To explore and examine Hindu and Buddhist culture in Nepal.

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